

Dental Staining / Air Polishing

Dental stains are pigmented deposits on or within the tooth surface.

They are commonly brown or black in appearance and can be caused by

- Smoking
- Dietary factors such as tea, coffee, red wine and other pigmented foods
- Some mouthwashes if used for long periods.

Staining has no impact on the health of the teeth or gums; its removal is a cosmetic treatment which is not covered by the NHS.

Superficial staining can be removed by the Dental Hygienist by use of scaling and air abrasion polishing.



Air polishing - before



Air polishing - after



Air polishing uses a *FLASH pearl* powder to remove stains, plaque and calculus quickly and safely in a gentle manner. The *FLASH pearl* powder is designed to roll smoothly over the tooth surface, leaving no area untouched, helping to make your smile sparkle.

It is very efficient in removing superficial stain; it does not alter the shade of the teeth but can make the teeth appear brighter.

If the shade of teeth is of any concern you may want to consider tooth whitening after stain removal has been completed